

STONEWATER'S



2024 LADIES BRUSH UP CLINICS

Program Overview: The Ladies Brush up Golf Clinic is designed to empower women with comprehensive golf skills, focusing on both full swing elements and short game techniques. Each clinic session will run once a week for four weeks, with a fifth-week review session for reinforcement and personalized feedback.

We are offering four Brush Up Clinics throughout the course of the season, two during the day and two at night. All classes offer the same unique learning experiences, ensuring flexibility for participants.

Dates & Times:

- Tuesday Evenings Session 1: Every Tuesday, April 30 – May 28 / 6:00 – 7:30pm
 - Thursday Daytime Session 1: Every Thursday, May 2 – May 30 / 10:30am – 12:00pm
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- Tuesday Evenings Session 2: Every Tuesday, June 4 – July 2 / 6:00 – 7:30pm
 - Thursday Daytime Session 2: Every Thursday, June 6 – July 11 / 10:30am – 12:00pm
(*skipping Thursday, July 4*)

Open To: Members and The Public / Space is limited

Cost: \$350 per participant

Instructors:

Joe Meglen, Director of Player Development
Bob Bourne, Director of Instruction
Bryan Huff, Head Golf Professional

Note: Equipment will be provided if needed, and the clinic will be conducted by experienced golf instructors. Participants are encouraged to bring their own clubs and wear comfortable golf attire. The clinic aims to create a supportive and enjoyable learning environment for women of all skill levels.

Weekly Schedule: Details on the weekly clinic breakdown can be found on the following page.

To Register:

Select one Clinic Session out of the four you'd like to attend and register online by scanning the QR code or call the pro shop. **440.461.4653**



2024 LADIES BRUSH UP CLINICS WEEKLY SCHEDULE

Week 1: - Full Swing Fundamentals & Putting Mastery

1. Full Swing Station: Grip and Posture

- Learn and practice the proper grip and posture for a consistent full swing.
- Receive personalized feedback from instructors.

2. Full Swing Station: Backswing Mechanics

- Focus on the correct backswing mechanics to enhance power and accuracy.
- Utilize drills to reinforce muscle memory.

3. Short Game Station: Putting Precision

- Master the art of putting with emphasis on alignment, distance control, and green reading.
 - Explore various putting drills to improve accuracy.
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Week 2: - Iron Play & Chipping Excellence

1. Full Swing Station: Iron Play Technique

- Develop proper iron play techniques, including ball position and weight transfer.
- Receive individualized tips for consistent ball striking.

2. Full Swing Station: Downswing Dynamics

- Understand and implement effective downswing mechanics for improved shot control.
- Engage in drills to reinforce downswing principles.

3. Short Game Station: Chipping Proficiency

- Learn various chipping techniques and when to use them.
 - Practice chipping from different lies and distances.
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Week 3: - Driver Mastery & Bunker Brilliance

1. Full Swing Station: Driver Essentials

- Focus on driving fundamentals, including tee height, ball position, and swing speed.
- Receive feedback on maximizing distance and accuracy.

2. Full Swing Station: Tempo and Rhythm

- Explore the importance of tempo in the golf swing for consistent ball striking.
- Engage in tempo drills to find your natural rhythm.

3. Short Game Station: Bunker Play

- Master bunker shots with proper setup, swing technique, and club selection.
 - Practice various bunker shots to build confidence.
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Week 4: - On-Course Coaching Experience

1. On-Course Coaching: Full Swing Application

- Apply learned full swing techniques on the golf course.
- Receive real-time feedback on shot selection, course management, and execution.

2. On-Course Coaching: Short Game Strategy

- Implement short game strategies learned in previous weeks.
- Navigate various lies, distances, and green conditions under the guidance of instructors.

3. On-Course Coaching: Mental Game and Decision Making

- Focus on the mental aspect of the game, including decision-making, shot visualization, and managing on-course challenges.
 - Engage in discussions on course management and handling pressure situations.
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Week 5: - Review and Personalized Feedback

- A comprehensive review session covering insights gained during the on-course experience.
- Individualized feedback and guidance from instructors.
- Q&A session for addressing specific concerns or questions.